

M. P. Ed 4th Semester Examination 2021
PSYCHOLOGY AND SOCIOLOGY OF SPORTS
MPCC – 402

Full Marks – 70

Time – 3 Hours

The figures in the margin indicate full Marks.

The candidates are required to give their answers in their own words as far as practicable.

Illustrate the answer wherever necessary.

1. Discuss about present status of sports psychology in India. What is motor learning? What are the different considerations for motor learning? Write in brief about the importance of sports psychology. **5+3+4+3=15**

OR

What are the different factors that can affect the motor perception? How can you measure the personality traits? Write about the influence of personality on sports performance. **5+4+6=15**

2. Define anxiety and stress? Narrate their types. What are the different causes of anxiety? How can you motivate a sports person under anxiety and stress? **5+5+5=15**

OR

Define aggression. Is there any relation between aggression and sports performance? Narrate different types of psychological relaxation. **3+5+7=15**

3. Differentiate between sociology and sports sociology? Briefly discuss about how socialization can take place through sports? What do you mean by integration through sports? **4+7+ 4=15**

OR

Differentiate between violence and aggression in sports. Discuss about different types of leadership and their influence in sports. **8+7=15**

4. Explain the role of group dynamics in games and sports. What is the role of family as the social group? How family can perform these types of roles very effectively? **4+5+6=15**

OR

Who can be considered as the elite sports women? How they can contribute for the betterment of the society? Discuss about the relation between socioeconomic status and sports performance. **3+4+8=15**

5. Write on any two from the following: **2x5=10**

- a) Theories of motor learning
- b) Sports and politics
- c) Group cohesion
- d) Sports and Gender